

Maine EMS CEH Requirements by License Level

Maine EMS Rules, Effective 24 Dec 2022

Chapter 5 §6.3.C.1.(d) pp. 5-5 to 5-6

National Component Topic Areas	EMR	EMT	AEMT	Paramedic
Airway, Respiration, Ventilation (ARV) Total Hours	1	1.5	2.5	3.5
Cardiology Total Hours	2.5	6	7	8.5
Trauma Total Hours	0.5	1.5	3	3
Medical Total Hours	3	6	7.5	8.5
Operations Total Hours	1	5	5	6.5
Total National Component Hours	8	20	25	30
State/Local Continued Competency Requirement (LCCR)	EMR	EMT	AEMT	Paramedic
Total State/Local Component Hours*	4	10	12.5	15
Individual Continued Competency Requirement (ICCR)	EMR	EMT	AEMT	Paramedic
Total Individual Component Hours**	4	10	12.5	15
Total Required CEHs	16	40	50	60

FAQ

- * State/Local Continued Competency Requirement (LCCR) are currently considered flexible and may be any combination of CEH courses that fulfill the hour requirement based on license level.
- ** Individual Continued Competency Requirement (ICCR) are flexible and may be any combination of CEH courses that fulfill the hour requirement based on license level.
- There are currently no CEH requirements for licensed Ambulance Operators.
- EMD licenses have separate CEH requirements through IAED. For more information, please visit <https://www.maine.gov/ems/emd/licensing>
- Maine EMS rules allow distributive education hours (i.e., online) to be counted toward all total CEH requirements.
- Online education must be CAPCE approved or approved by Maine EMS.
- Online courses, other than MEMSEd, must have a certificate issued with the clinician's name, course hours and categories, date completed, and indicate CAPCE approval on the certificate.
- CEH courses approved by another State EMS agency are approved for Maine EMS license renewal. Courses must have a certificate issued with the clinician's name, course hours and categories, date completed, and indicate state approval on the certificate.
- Courses completed in degree programs (i.e., nursing) *may* be eligible for CEH credit. Contact Maine EMS for individual assistance.
- A list of standardized curriculum CEH courses can be found on the Maine EMS website under "Education and Testing" tab, then select CEH Resources: <https://www.maine.gov/ems/education-ceh/documents>